



FOUNDATION

# THE SIX TENETS OF PURPOSEFUL LEADERS

## (BRINGING THEM TO LIFE)

A SELF-REFLECTIVE ACTIVITY

 THE  
PURPOSEFUL  
LEADER



TENET 1:  
YOU HAVE MEANING

Now that you are familiar with the Six Tenets of The Purposeful Leader, please take some time to consider the questions below and write some answers in the spaces provided.

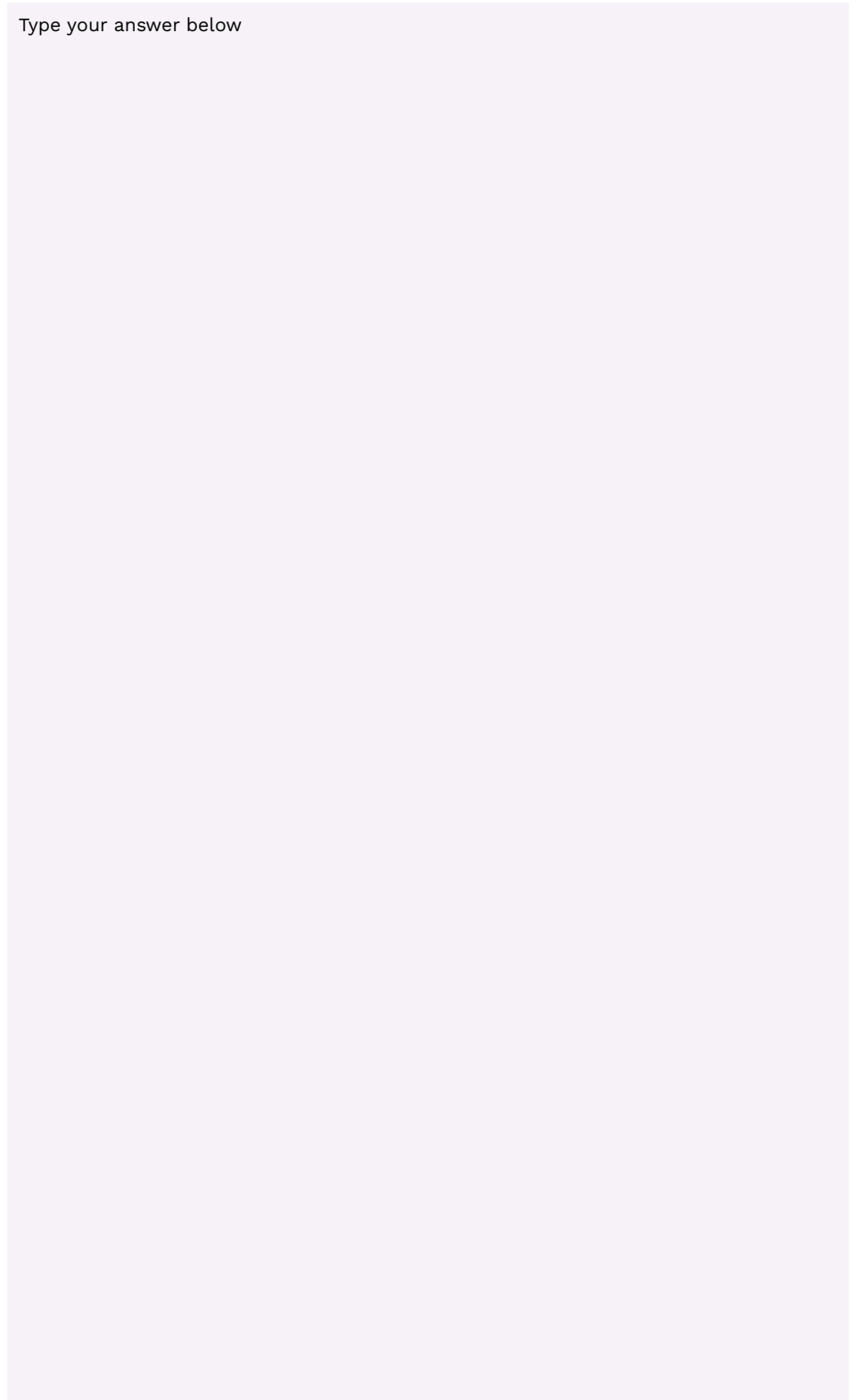
1. Using your own words, please describe what this Tenet means to you?
2. How aligned are you with this Tenet at this stage in your life?
3. What impact does this have? (Please consider things like your mood and feelings, your relationships, life choices and also your leadership.)
4. How aligned would you like to be, and what might need to change or do differently?

Type your answer below

**TENET 2:  
WHAT DO YOU WANT?**

1. Using your own words, please describe what this Tenet means to you?
2. How aligned are you with this Tenet at this stage in your life?
3. What impact does this have?
4. How aligned would you like to be, and what might need to change or do differently?

Type your answer below



**TENET 3:  
IT STARTS WITH YOU**

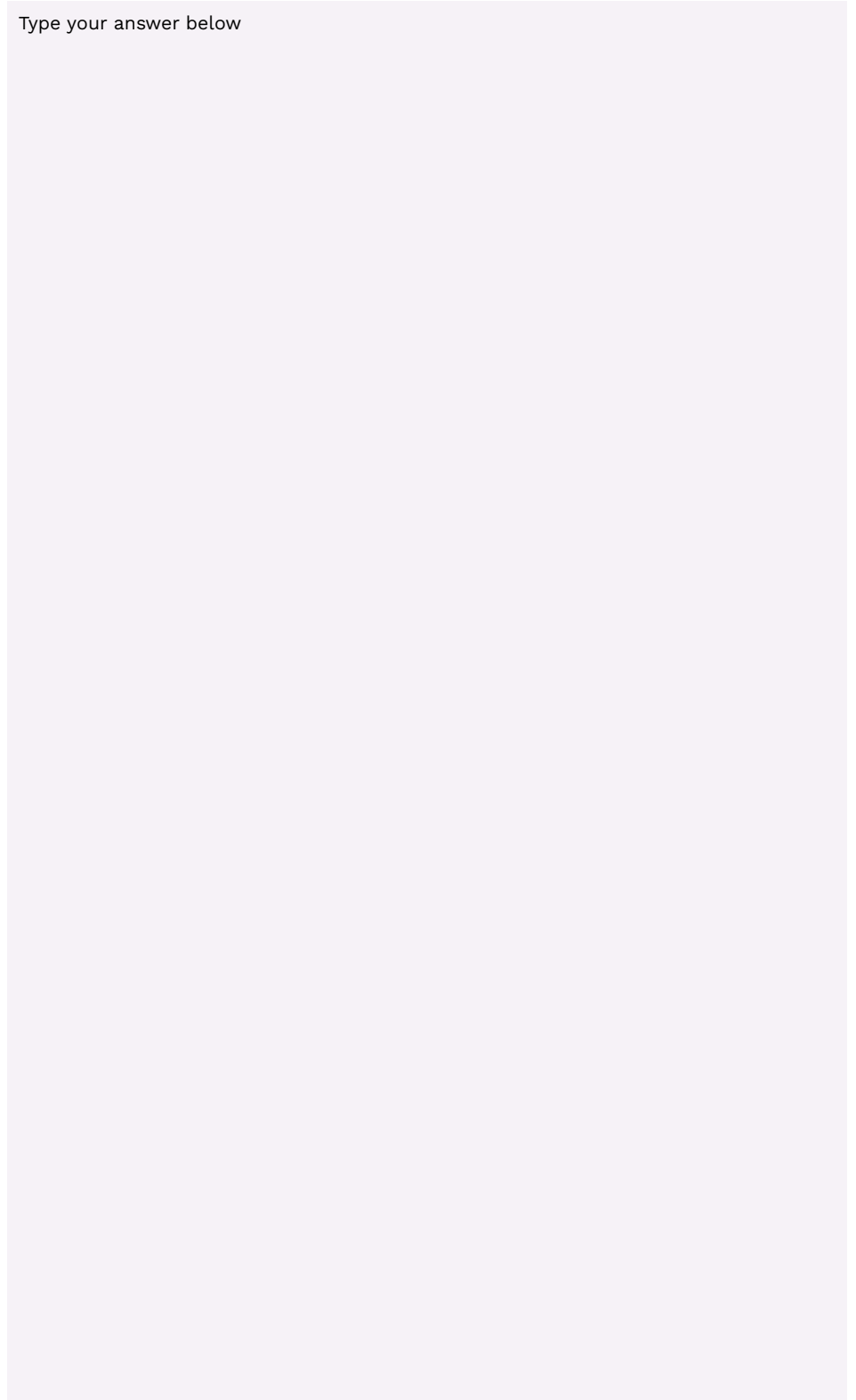
1. Using your own words, please describe what this Tenet means to you?
2. How aligned are you with this Tenet at this stage in your life?
3. What impact does this have?
4. How aligned would you like to be, and what might need to change or do differently?

Type your answer below

**TENET 4:  
YOU'RE ALREADY  
PLAYING A PART**

1. Using your own words, please describe what this Tenet means to you?
2. How aligned are you with this Tenet at this stage in your life?
3. What impact does this have?
4. How aligned would you like to be, and what might need to change or do differently?

Type your answer below



TENET 5:  
COMMIT TO  
SELF-COMPASSION

1. Using your own words, please describe what this Tenet means to you?
2. How aligned are you with this Tenet at this stage in your life?
3. What impact does this have?
4. How aligned would you like to be, and what might need to change or do differently?

Type your answer below

**TENET 6:  
YOU'RE IN CHARGE  
OF YOUR FUTURE**

1. Using your own words, please describe what this Tenet means to you?
2. How aligned are you with this Tenet at this stage in your life?
3. What impact does this have?
4. How aligned would you like to be, and what might need to change or do differently?

Type your answer below

 THE  
PURPOSEFUL  
LEADER

Delivered by: **TOWARD>**